

Making it easy to find your HEP status and benefits information – all in one place.

Here are a few highlights of what you can do in your health benefits portal:

Check your HEP Compliance Status

Effective April 1, 2023, Quantum Health replaces Care Management Solutions, Inc. (CMSI) as the HEP administrator. To view your HEP status, you must register or login to your new benefit portal available at carecompass.ct.gov.

Connect with Care Coordinators

Healthcare can be confusing. Care Coordinators are available to help you understand your plan options and review your current benefits during Open Enrollment and throughout the year.

Confirm In-Network Providers

Register for your health benefits portal

1. Go to carecompass.ct.gov and click **Create an Account** or download the **MyQHealth app** then click **Register**.
2. Register using either the last four of plan holder's SSN or the last four of your Anthem Member ID number found on your Anthem ID card.
3. Click on the **My Health** tab to view your HEP status.

More portal features coming soon! Including access to view medical claims, prescription and dental benefit details, and information on additional benefits available to you.

POINT YOUR
SMARTPHONE
CAMERA AT THIS
CODE TO DOWNLOAD
THE **MYQHEALTH** APP



carecompass.ct.gov
(833)740-3258
(Monday-Friday, 8:30 a.m.-10 p.m. ET)

